

Infant Birthdays:

Infant	DOB
Rodgerick Rutledge	April 10, 2008
A'Aliyah Harris	April 17, 2008
Sean Ti' OBannon	April 28, 2008
Chain Cooper	May 6, 2008
DeAnna Smith	June 15, 2008
Carma	June 11, 2008
Kaidyn Knox-Robinson	August 11, 2008
Kenya Walter	August 2, 2008
Jeremiah Johnson	September 19, 2008
Naï'emah	September 20, 2008
Brooke Clayton	September 25, 2008
A'ryihanna Beasley	November 28, 2008
Alexis Williams	October 25, 2008
Najar Litt	December 9, 2008
Javontez Reed	December 21, 2008

Healthy Start Service Report

January 29, 2009 to September 30, 2009

Total number of case-managed services provided to Healthy Start Client	5,141
Case-manager services provided to pregnant clients	913
Case-manager services provided to Post partum clients	2,424
Services provided by nurses	563
Services provided by case managers to infant and/child clients	313
New clients enrolled in Healthy Start program	309
Number of women who were visited by case manager	367
Number of women who were visited by the nurses	217
Total number of women visited by HS	394
Number of infants/children visited by resource mother	1,241
Total number of individuals visited by HS	707
Deliveries to Healthy Start Clients	53

The Healthy Start Newsletter is supported in part by project ( H49MC07306) from the U.S. Department of Health and Human Services, Health resources and Services Administration, Maternal and Child Health Bureau (Title V, Social Security Act).



- Bridges of Hope Neighborhood Place**  
1411 Algonquin Pkwy.  
Louisville, KY 40210
- Neighborhood Place Northwest**  
4018 W. Market Street  
Louisville, KY 40212
- Neighborhood Place Ujima**  
3610 Bohne Avenue  
Louisville, KY 40211



PRESORT STD  
US POSTAGE  
P A I D  
Louisville, KY  
Permit No 52

# HealthySTART

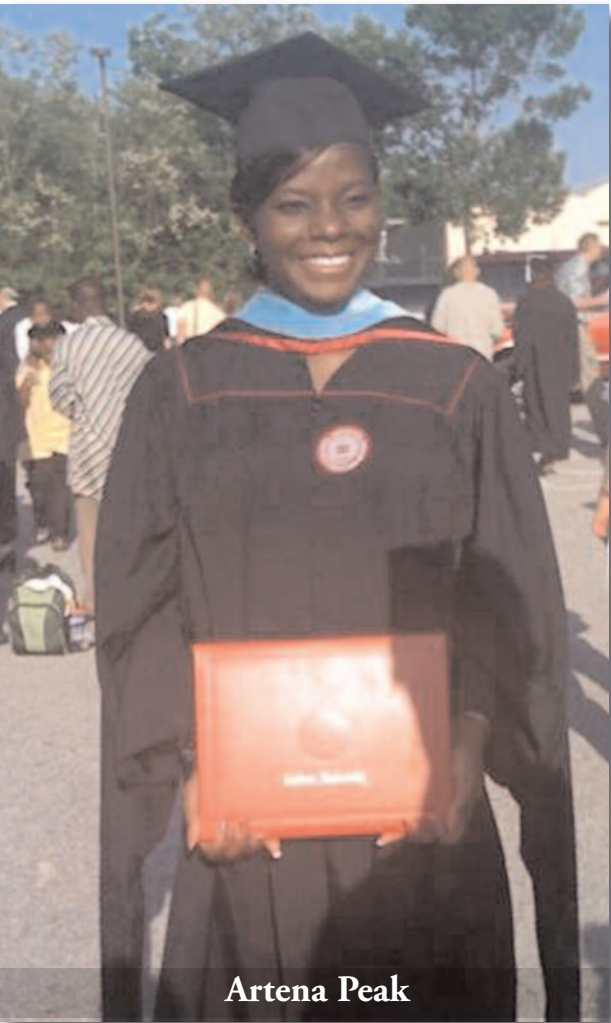
Reduces infant death rates and low birth weight rates in west Louisville by working with pregnant women in their homes to promote prenatal care throughout pregnancy and after the birth of the baby.

Call 574-MOM-1



- Volume 3, Issue 1
- What's Inside**
- New Arrivals
  - Healthy Tip Lane:  
Healthy Start  
Wins Major  
HRSA Grant
  - African American  
Infant Mortality

**HS Fun Fact:**  
142 People  
Attend Parenting  
Classes through  
Healthy Start



Artena Peak

**Talkshops**

**Neighborhood Place Northwest**  
Shawnee High School - 4018 W. Market Street  
1:30 P.M. - 3:30 (Thursday)

**Neighborhood Place Bridges of Hope**  
1411 Algonquin Parkway  
1:30 P.M. - 3:30 P.M. (Wednesday)  
Contact Ronnie Brown (502) 634-6089

Clients Sing the Praises of Healthy Start

“I signed up for Healthy Start services during my second pregnancy after I had a serious problem with my first pregnancy,” said Artena Peak. “The difference was remarkable. My Healthy Start worker was a tremendous support. I especially appreciated the fact that Healthy Start included my husband as a part of the program.

My worker included him at all the home visits and he was welcomed at all the Healthy Start activities. I was even able to get incentives like diapers and baby wipes and baby detergent from the Healthy Start store for doing what I was supposed to be doing anyway, like keeping my doctor’s appointments. Healthy Start made a huge difference.”

Today Artena is giving back to Healthy Start by volunteering on the program’s Consumer Advisory Committee and has just completed her Masters degree in Guidance Counseling.

Because every baby deserves a healthy start.

## Healthy Start New Arrivals



DeAndre Allen  
4/23/09 6 lbs 8 oz



Persia Azerot  
4/4/09 7lbs 6 oz



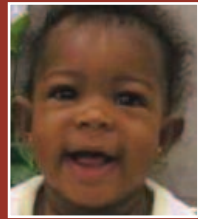
Bobby Barlow  
2/20/09 8lbs 6oz



Jamyia B.  
12/19/08 6 lbs 9 oz



Jarell Butler  
4/20/09 7lbs 8oz



Brooke Lynn Clayton  
9/25/08 8lbs 3oz



Jalia Dickerson  
10/23/08 5 lbs 12 oz



Khalil Drane  
3/22/09 7lbs 6oz



Ashanti Edwards  
5/27/09 7 lbs 3 oz



DeNylah Franklin  
2/23/09 6lbs 7oz



Ronae Gardner  
7/7/09 5 lbs 7 oz



Aniya Rae Glenn  
4/22/09



Jaleiyah Goff  
4/17/09 9lbs 3oz



Jayden Howard  
4/14/09 8lbs



Rashawn Lewis  
9/14/08 4lbs 11 oz



Brittani Wimmer  
5/15/09 4 lbs 11 oz

Danielle Wimmer  
5/15/09 5lbs 8 oz

## Healthy TIP Lane

### Healthy Start Wins Major HRSA Grant

The Healthy Start initiative of the Louisville Metro Department of Public Health and Wellness has been awarded a new grant of \$6,375,000.00 from the U.S. Health Resources Services Administration (HRSA). The monies will fund Healthy Start for the next five years and will be allocated in increments of \$1,275,000.00 annually.



In securing the funding, the Louisville Healthy Start initiative had to compete with similar initiatives in cities throughout the United States. Although the Health Resources Services Administration has funded Healthy Start in Louisville since 1998, HRSA requires programs to reapply every four years and to undergo an extensive evaluation process.

“Earlier this year and with my strong support, Congress increased funding for Healthy Start to a total of more than \$102 million,” said Congressman John Yarmuth. “I’m delighted that Louisville Healthy Start is receiving funding from this program to continue its vital services to mothers and their infants in our community.”

“This grant will allow our Public Health and Wellness Department to continue to give children in our community a healthy start in life,” said Louisville Mayor Jerry Abramson. “This is an important program that is saving and improving the lives of high-risk children.”

“This new funding gives us resources to continue to help babies and their families during pregnancy and the critical first two years of life,” said Metro Health and Wellness Director Dr. Adewale Troutman. “It also lets us continue to close the disparate rates of infant mortality between minority populations and the overall population. Congressman Yarmuth has been a true champion of Healthy Start. We thank him for all he has done.”

Healthy Start works to reduce infant mortality in neighborhoods where rates are more than double the rate of the community as a whole. The program provides case management, education, and preventive health services to families enrolled in Healthy Start programs. Since it was established in Louisville in 1998, Healthy Start has helped more than 6,000 families. Healthy Start also works to reduce the number of low birth weight babies (less than 5.5 pounds) and very low birth weight babies (less than 3.3 pounds) among participants and to ensure that women receive early and continuing prenatal care.

## Healthy START

Because every baby deserves a healthy start.

### African American Infant Mortality



Celebrating a baby’s birth should be a joyous and momentous time for a family. Unfortunately, the celebration ends too soon when a baby does not live to see his/her first birthday. Infant mortality rates among African Americans are more than double that of the United States as a whole.

That’s more than 7,500 infant deaths per year. Health researchers have identified the following nine risk factors that contribute to infant mortality. They are as follows:

- Late Prenatal care
- Smoking
- Substance abuse
- Poor nutrition
- Obesity
- High stress
- Domestic violence
- Low maternal weight gain
- Preterm labor

Remember, being healthy before, during and after pregnancy is important for the mother and her baby and starts by making a commitment to prenatal care.



- Always eat healthy, with plenty of fruit and vegetables
- Drink plenty of water
- Be active, exercise at least 30 minutes a day
- Keep stress under control
- Do not smoke, drink or use drugs.



Congressman John Yarmuth (left) presents Mayor Jerry Abramson and Dr. Adewale Troutman a check for renewed Health Start funding.

## Healthy Start New Arrivals



Jajar Litt  
12/9/08 5 lbs 3oz



Kenyetta Morris  
3/4/09



Tamia Nickson  
12/27/0/ 6 lbs 7 oz



Sha'Rita Porter.  
4/20/09 7 lbs, 7 ozs



Jakob Reed  
1/27/09 7lbs 8oz



Cordell Richardson Jr.  
11/25/08 6 lbs 11 oz



A'Jayia Smith  
4/19/09 3 lbs 11oz



Sha'Rae Smith  
6/17/09 6lbs 4oz



Robert Thomas  
7/30/09 6lbs 11oz



Daniah Tiller  
5/22/09 6 lbs 10 oz



Teaonna White  
6/20/08 6lbs 8 oz



Marion Whitfield  
10/17/08 6lbs 8oz



Alexis Williams  
10/25/08



Le Van Williams  
3-29-09 7lbs



Tristany Wright  
1/20/09 5lbs 13oz



Danielle Yelverton  
2/19/09 6 lbs 12 oz

MyKhia Young  
5/29/09 7lbs 1 oz

